

HEALTH AND WELLNESS

This Language Lab is used to further your child's vocabulary and language. The following vocabulary is based on the Ling Thesaurus. **Phase 3** contains words needed for a basic minimum reading level. **Phase 4** contains words that are typically mastered by age 8. It is important that your child understand the concept of each word in the phases. Use this as a guide and resource as you talk/sign and interact with your child and improve their language.

--Beginnings SC Team

Vocabulary

Phase 3	Phase 3	Phase 4	Phase 4
ambulance	pill	accident	heal
bandage	poison	alive	health(y)
Band-Aid	seat	allergic	infection
bleed	sore	aspirin	nose-bleed
blood	spots	blister	operation
broken bone	toothache	brave	painful
dentist		breathe	patient
feel		bruise	scar
fine		check-up	stitches
germ		clinic	strong
headache		cough-mixture	tears
kind		earache	temperature
medicine		emergency	thermometer
scrape		examine	tonsils
scratch		examination	vaccination
pain		fever	vitamin tablets



ACTIVITIES

Field Trip!

Ask your doctor's office or the school nurse to let you come and get a tour. Have targeted words that you will use many times during that tour. Take pictures so you can go over those words many times.

Here is a virtual visit if this is the only option:
<https://tinyurl.com/y35eoury>

Grab some materials!

Put a little bit of glitter on your hand and "sneeze" and let the glitter fly. Give your child a little glitter and ask them to rub their hands together and do other things. Later you will see glitter everywhere and you can teach the concept of germs and spread!

Use your imagination!

Act like Doc McStuffins and take care of some stuffed animals. Cut bandaids out of paper, take temperatures, mend broken bones, etc.

Visit our Pinterest for more activities: <https://www.pinterest.com/beginningssc/language-lab/>

Find more Language Labs at <https://beginningssc.org/language-labs/>